



health

Department:
Health
REPUBLIC OF SOUTH AFRICA

Health Awareness Days 2010

JANUARY

31 World Leprosy Day

FEBRUARY

Healthy Lifestyle Awareness Month

Reproductive Health Month

4 World Cancer Day
7 - 14 STI / Condom Week
7 - 14 Pregnancy Awareness Week
19 Healthy Lifestyles Awareness Day

MARCH

TB Awareness Month

8 International Women's Day
11 World Kidney Day
20 World Head Injury Awareness Day
21 Human Rights Day
21 World Down Syndrome Day
24 World TB Day

APRIL

Health Awareness Month

2 World Autism Awareness Day
5 - 11 National Polio Eradication Awareness Week
7 World Health Day
17 World Haemophilia Day
25 Africa Malaria Day

MAY

Anti-Tobacco Campaign Month

International Multiple Sclerosis Month

8	World Red Cross Day
10	World Move for Health Day
12	World Chronic Fatigue and Immune Dysfunction Syndrome
12	International Nurses Day
16	Candlelight Memorial Day
24 - 30	Child Protection Week
28	International Day of Action for Women's Health
31	World No Tobacco Day

JUNE

National Youth Month

Men's Health Month

National Blood Donor Month

1	International Children's Day
4	International Day of Innocent Children – Victims of Aggression
5	World Environment Day
14	World Blood Donor Day
15	World Elder Abuse Awareness Day
16	Youth Day
21 - 27	National Epilepsy Week
21	National Epilepsy Day
21 - 27	National Youth Health Indaba
21 - 27	SANCA Drug Awareness Week
26	International Day against Drug Abuse and Illicit Drug Trafficking

JULY

Mental Illness Awareness Month

11	World Population Day
----	----------------------

AUGUST

National Women's Month

Organ Donor Month

1 - 7	World Breastfeeding Week
2 - 8	National Immunisation Awareness Week
2 - 6	Rheumatic Fever Week
9	National Women's Day
12	International Youth Day
24 - 31	African Traditional Medicine Week
31	African Traditional Medicine Day

SEPTEMBER

National Heart Awareness Month

National Oral Health Month

Albinism Awareness Month

Muscular Dystrophy Awareness Month

Eye Care Awareness Month (spans September and October)

30 August – 4 September Deaf Awareness Week

6 - 12 Pharmacy Week

6 - 12 Back Week

6 - 11 Kidney Awareness Week

8 World Rabies Day

9 International Foetal Alcohol Syndrome Day

12 World Oral Health Day

14 National Attention Deficit Hyperactivity Disorder Day (ADHD)

14 - 17 Stroke Week

21 World Alzheimer's Day

20 - 26 World Retina Week

20 Sept - 17 October: Commencement of **Eye Care Awareness Month**

26 World Retina Day

26 World Heart Day

OCTOBER

Mental Health Awareness Month

Breast Cancer Awareness Month

1 International Day for Older Persons

1 National Inherited Disorders Day

9 Partnership against AIDS Anniversary

9 - 13 National Nutrition Week

10 World Mental Health Day

12 World Arthritis Day

12 National Bandana Day

12 - 20 World Bone and Joint Week

14 World Sight Day

13 International Day for Natural Disaster Reduction

15 National Foetal Alcohol Syndrome Day

15 - 19 National Obesity Week

16 World Food Day

17 World Spine Day

17 World Trauma Day

17 International Day for the Eradication of Poverty

20 National Down Syndrome Day

20 World Osteoporosis Day

23 National Iodine Deficiency Disorder Day

24 World Polio Day

NOVEMBER

Red Ribbon Month

Quality Month

- 6 National Children's Day
- 8 - 12 SADC Malaria Week
- 9 World Quality Day
- 12 SADC Malaria Day
- 14 World Diabetes Day
- 25 International Day for the Elimination of Violence against Women
- 25/11 - 10/12 16 Days of Activism on No Violence Against Women & Children

DECEMBER

Prevention of Injuries Month

- 1 World AIDS Day
- 3 International Day of Disabled Persons
- 5 International Volunteers Day
- 9 World Patient Safety Day
- 10 International Human Rights Day