

**Biokinetics 2006**

**NATIONAL REFERENCE PRICE LIST IN RESPECT OF BIOKINETICS WITH EFFECT FROM 1 JANUARY 2006**

The following reference price list is not a set of tariffs that must be applied by medical schemes and/or providers. It is rather intended to serve as a baseline against which medical schemes can individually determine benefit levels and health service providers can individually determine fees charged to patients. Medical schemes may, for example, determine in their rules that their benefit in respect of a particular health service is equivalent to a specified percentage of the national health reference price list. It is especially intended to serve as a basis for negotiation between individual funders and individual health care providers with a view to facilitating agreements which will minimise balance billing against members of medical schemes. Should individual medical schemes wish to determine benefit structures, and individual providers determine fee structures, on some other basis without reference to this list, they may do so as well.

In calculating the prices in this schedule, the following rounding method is used: Values R10 and below rounded to the nearest cent, R10+ rounded to the nearest 10cent. Modifier values are rounded to the nearest cent. When new item prices are calculated, e.g. when applying a modifier, the same rounding scheme should be followed.

VAT EXCLUSIVE PRICES APPEAR IN BRACKETS.

**GENERAL RULES**

|     |   |       |
|-----|---|-------|
| 002 | The consultation code may be charged only once at the same consultation or visit.<br>Consultation includes history taking, guidance, education, health promotion and/or consultation  | 04.00 |
| 003 | A maximum of three diagnostic procedures may be charged at the same consultation or visit.<br><br>Diagnostic procedures include the full range of diagnostic and evaluation procedures within the scope of practice of the biokineticist, including for example: anthropometric / body composition assessments, ergological testing evaluations and perceptual motor evaluation.  | 05.06 |
| 004 | A maximum of three treatment procedures may be charged at the same consultation or visit for any single diagnosis. This limitation shall be inclusive of a maximum of one group treatment procedure (code 12), where applicable.<br><br>Treatment procedures include the full range of rehabilitative or preventive treatment or care procedures within the scope of practice of the biokineticist, including for example: hydrotherapy, callisthenics exercises and programme prescription for individuals with CHD.   | 04.00 |
| 005 | After a series of 12 treatments in respect of one patient for the same condition, the practitioner concerned shall report to the scheme as soon as possible if further treatment is necessary. Further continuance of treatment should only be considered if recommended by the medical practitioner(s) and others involved in the rehabilitation of the patient.   | 04.00 |
| 010 | Every biokineticist must acquaint himself with the provisions of the Medical Schemes Act, 1998, and the regulations promulgated under the Act in connection with the rendering of accounts.<br><br>Every account shall contain the following particulars :<br><br>· The name and practice code number of the referring practitioner .<br>· The name of the member.<br>· The name of the patient.<br>· The name of the medical scheme.<br>· The membership number of the member.<br>· The date on which the service was rendered.<br>· The relevant diagnostic codes and NHRPL item code numbers relating to the health service rendered | 04.00 |
| 011 | It is recommended that, when such benefits are granted, drugs, consumables and disposable items used during a procedure or issued to a patient on discharge will only be reimbursed by a medical scheme if the appropriate code is supplied on the account.   | 04.00 |

**MODIFIERS**

**ITEMS**

| <b>1. Consultations / Patient Education / Counseling</b> |   |            |            |                              |
|--|---|------------|------------|------------------------------|
| <b>Code</b>  | <b>Description</b>  | <b>Ver</b> | <b>Add</b> | <b>Biokinetics</b>           |
|  |   |            |            | <b>RVU      Fee</b>          |
| 107  | Appointment not kept (schemes will not necessarily grant benefits in respect of this item, it will fall into the "By arrangement with the scheme" or "Patient own account" category).   | 04.00      |            | -      -                     |
| 901  | Initial consultation including: a problem focused history; a short problem focused examination; and straightforward biokinetic decision making but excluding evaluation. To be charged only once per course of treatment. (inclusive of lung function tests)      | 06.01      |            | 16.700      58.00<br>(50.90) |
| 903  | Subsequent consultation for the same condition (global fee covering a problem focused interval history and re-examination; and straightforward biokinetic decision making but excluding physical re-assessment). To be charged only once per course of treatment. | 06.01      |            | 11.700      40.70<br>(35.70) |
| 905  | Consultation at hospital (global fee including a problem focused history; a problem focused examination; and biokinetic decision making excluding evaluation and physical re-assessment of a patient). To be charged only once per course of treatment.           | 06.01      |            | 16.700      58.00<br>(50.90) |
| 922  | Patient education (based upon the evaluation outcomes)  | 06.01      |            | 16.300      56.70<br>(49.70) |
| 936  | Health promotion and lifestyle modifications  | 06.01      |            | -      -                     |
| <b>2. Evaluation / Diagnostic Procedures</b>             |   |            |            |                              |
| 908  | Simple evaluation at the first visit only (to be fully documented)  | 06.01      |            | 10.000      34.80<br>(30.50) |
| 909  | Complex evaluation at the first visit only (to be fully documented).  | 06.01      |            | 16.700      58.00<br>(50.90) |
| 912  | Anthropometric/body composition assessment  | 06.01      |            | 10.000      34.80<br>(30.50) |
| 913  | Ergological testing evaluation of body segment, limb or joint   | 06.01      |            | 28.500      99.10<br>(86.90) |

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|           |   |       |  |        |                  |
|-----------|---|-------|--|--------|------------------|
| 914       | Neurological patients: Ergological evaluation   | 06.01 |  | 16.700 | 58.00<br>(50.90) |
| 915       | Postural analysis and/or analysis of activities of daily living, gait and specific motor acts   | 06.01 |  | 16.700 | 58.00<br>(50.90) |
| 916       | Perceptual motor evaluation (perception and gross motor function)   | 06.01 |  | 16.700 | 58.00<br>(50.90) |
| 917       | Physical work capacity (treadmill or bicycle ergometer/other electronic equipment) / Musculoskeletal assessment (strength, endurance, range of motion, posture) | 06.01 |  | 28.500 | 99.10<br>(86.90) |
| 918       | Physical work capacity with full ECG  | 06.01 |  | 28.500 | 99.10<br>(86.90) |
| 920       | Isotonic, isometric or EMG testing by means of specialised electronic equipment   | 06.01 |  | 28.500 | 99.10<br>(86.90) |
| 921       | Isokinetic testing by means of specialised electronic equipment   | 06.01 |  | 28.500 | 99.10<br>(86.90) |
| <b>3.</b> | <b>Therapeutic Procedures (Physical Rehabilitation)</b>   |       |  |        |                  |
|           | Maximum of 3 modalities, per diagnosis, may be charged per visit  |       |  |        | 04.00            |
| 923       | Proprioception, balance and motor co-ordination exercise therapy session with or without equipment  | 06.01 |  | 16.300 | 56.70<br>(49.70) |
| 925       | Hydrotherapy where the condition of the patient is such that it requires the undivided attention of the Biokineticist   | 06.01 |  | 16.300 | 56.70<br>(49.70) |
| 926       | Exercise on Isokinetic apparatus/Isotonic/Isometric resistance equipment.   | 06.01 |  | 16.300 | 56.70<br>(49.70) |
| 927       | Posture, gait and activities of daily living (ADL), with/without equipment use  | 06.01 |  | 16.300 | 56.70<br>(49.70) |
| 928       | A rehabilitative exercise prescription  | 06.01 |  | 16.300 | 56.70<br>(49.70) |
| 929       | Callisthenics exercises   | 06.01 |  | 16.300 | 56.70<br>(49.70) |
| 930       | Group session with high risk patients, per patient (maximum 10 patients)  | 06.01 |  | 8.800  | 30.60<br>(26.80) |
| 931       | Passive and active range of motion exercise therapy   | 06.01 |  | 16.300 | 56.70<br>(49.70) |
| 933       | Programme prescription for an individual with CHD health risks including hyperlipidemia, metabolic disorders, Low-Back pain/ Lumbago etc.                       | 06.01 |  |        |                  |
| 934       | Group exercise sessions, per patient  | 06.01 |  | 8.800  | 30.60<br>(26.80) |