

Occupational and Art Therapy 2009

NATIONAL REFERENCE PRICE LIST FOR SERVICES BY OCCUPATIONAL AND ART THERAPISTS, EFFECTIVE FROM 1 JANUARY 2009

The following reference price list is not a set of tariffs that must be applied by medical schemes and/or providers. It is rather intended to serve as a baseline against which medical schemes can individually determine benefit levels and health service providers can individually determine fees charged to patients. Medical schemes may, for example, determine in their rules that their benefit in respect of a particular health service is equivalent to a specified percentage of the national health reference price list. It is especially intended to serve as a basis for negotiation between individual funders and individual health care providers with a view to facilitating agreements which will minimise balance billing against members of medical schemes. Should individual medical schemes wish to determine benefit structures, and individual providers determine fee structures, on some other basis without reference to this list, they may do so as well.

In calculating the prices in this schedule, the following rounding method is used: Values R10 and below rounded to the nearest cent, R10+ rounded to the nearest 10cent. Modifier values are rounded to the nearest cent. When new item prices are calculated, e.g. when applying a modifier, the same rounding scheme should be followed.

VAT EXCLUSIVE PRICES APPEAR IN BRACKETS.

REGULATIONS DEFINING THE SCOPE OF THE PROFESSION OF OCCUPATIONAL THERAPY (R2145 - 31 July 1992)

GENERAL RULES

006	<p>Where emergency treatment is provided:</p> <p>a. during working hours, and the provision of such treatment requires the practitioner to leave her or his practice to attend to the patient in hospital; or b. after working hours</p> <p>the fee for such visits shall be the total fee plus 50%.</p> <p>For purposes of this rule:</p> <p>a. "emergency treatment" means a bona fide, justifiable emergency occupational therapy procedure, where failure to provide the procedure immediately would result in serious impairment to bodily functions or serious dysfunction of a bodily organ or part, or would place the person's life in serious jeopardy; and b. "working hours" means 8h00 to 17h00, Monday to Friday.</p> <p>Modifier 0006 must be quoted after the appropriate code number(s) to indicate that this rule is applicable.</p> <p>Rule 006 does not apply to art therapy.</p>	05.02
008	<p>The provision of assistive devices shall be charged (exclusive of VAT) at net acquisition price plus –</p> <p>- 26% of the net acquisition price where the net acquisition price of that appliance is less than one hundred rands; - a maximum of twenty six rands where the net acquisition price of that appliance is greater than or equal to one hundred rands.</p> <p>Modifier 0008 must be quoted after the appropriate code numbers to show that this rule is applicable.</p>	04.00
009	<p>Materials used in the construction of orthoses or pressure garments shall be charged (exclusive of VAT) at net acquisition price plus -</p> <p>- 26% of the net acquisition price where the net acquisition price of that material is less than one hundred rands; - a maximum of twenty six rands where the net acquisition price of that material is greater than or equal to one hundred rands.</p> <p>Modifier 0009 must be quoted after the appropriate code numbers to show that this rule is applicable.</p> <p>Rule 009 does not apply to art therapy.</p>	04.00
010	<p>Materials used in treatment shall be charged (exclusive of VAT) at net acquisition price plus -</p> <p>- 26% of the net acquisition price where the net acquisition price of that material is less than one hundred rands; - a maximum of twenty six rands where the net acquisition price of that material is greater than or equal to one hundred rands.</p> <p>Modifier 0010 must be quoted after the appropriate code numbers to show that this rule is applicable.</p>	04.00
011	<p>Where the therapist performs treatments away from the treatment rooms, travelling costs to be charged according to AA rates e.g. for domiciliary treatments or treatments in nursing homes. Modifier 0011 must be quoted after the appropriate code numbers to show that this rule is applicable.</p> <p>Please note that although only some medical schemes accept responsibility for the payment of transport expenses, others do so in exceptional cases only.</p>	04.00
012	<p>Every practitioner shall render a monthly account in respect of any service rendered during the month, irrespective of whether or not the treatment has been completed. NB. Every account shall contain the following particulars:</p> <p>i The name and practice number of the consulting occupational or art therapist. ii The name of the member. iii The name of the patient. iv The name of the medical scheme. v The membership number of the patient. vi The nature of the treatment. vii The date on which the service was rendered. viii The relevant diagnostic codes and NHRPL item code numbers relating to the health service rendered.</p>	05.02

Code	Description	Ver	Add	Occupational Therapy		Arts Therapy	
				RVU	Fee	RVU	Fee
013	<p>It is recommended that, when such benefits are granted, drugs, consumables and disposable items used during a procedure or issued to a patient on discharge will only be reimbursed by a medical scheme if the appropriate code is supplied on the account.</p> <p>Please note: In the case of occupational therapy, a code will only be required when a standard proprietary (off the shelf) product is used. When a splint or support is made by the occupational therapist using or modifying one or more components, a code cannot accurately identify this non-standard product. Please refer to annexure itemising the most commonly made non-standard products used in occupational therapy and bill accordingly.</p> <p>The Occupational Therapy Association of S A has made available a generic list of non-proprietary splints and pressure garments commonly made by practitioners. The type of materials used to manufacture these products is at the discretion of the practitioner concerned. Price of splints and pressure garments may vary. See Annexures A & B.</p>						04.00
Modifiers							
0006	Add 50% of the total fee for the procedure. Modifier 0006 does not apply to art therapy.						04.00
0008	<p>Assistive devices to be charged (exclusive of VAT) at net acquisition price plus –</p> <p>- 26% of the net acquisition price where the net acquisition price of that appliance is less than one hundred rands;</p> <p>- a maximum of twenty six rands where the net acquisition price of that appliance is greater than or equal to one hundred rands.</p>						04.00
0009	<p>Materials used for orthoses or pressure garments to be charged (exclusive of VAT) at net acquisition price plus -</p> <p>- 26% of the net acquisition price where the net acquisition price of that material is less than one hundred rands;</p> <p>- a maximum of twenty six rands where the net acquisition price of that material is greater than or equal to one hundred rands.</p> <p>See Annexures A & B for non-standard products.</p> <p>Modifier 0009 does not apply to art therapy.</p>						05.02
0010	<p>Materials used in treatment to be charged (exclusive of VAT) at net acquisition price plus -</p> <p>- 26% of the net acquisition price where the net acquisition price of that material is less than one hundred rands;</p> <p>- a maximum of twenty six rands where the net acquisition price of that material is greater than or equal to one hundred rands.</p>						04.00
0011	<p>Travelling costs according to AA rates.</p> <p>Please note that although only some medical schemes accept responsibility for the payment of transport expenses, others do so in exceptional cases only.</p>						04.00
0021	Services rendered to hospital inpatients: Quote modifier 0021 on all accounts for services performed on hospital inpatients.						04.00
ITEMS							
1 PROCEDURES OF INTERVIEWING, GUIDANCE AND CONSULTANCY							
Code	Description	Ver	Add	Occupational Therapy		Arts Therapy	
				RVU	Fee	RVU	Fee
108	Interview, guidance or consultation: 30 minute duration.	06.02		21.250	131.70 (115.50)	21.250	72.10 (63.20)
109	Interview, guidance or consultation. Each additional 15 mins. A maximum of four instances of this code may be charged per session.	06.02	+	10.630	65.90 (57.80)	10.625	36.00 (31.60)
	Time based items in this section exclude time spent on procedures charged in addition to the consultation	05.02					
107	Appointment not kept (schemes will not necessarily grant benefits in respect of this item, it will fall into the "By arrangement with the scheme" or "Patient own account" category).	04.00		-	-	-	-
110	Reports. To be used to motivate for therapy and/or give a progress report and/or a pre-authorisation report, where such a report is specifically required by the medical scheme.	05.02		16.500	102.20 (89.70)	22.140	75.10 (65.90)
501	Treatment in nursing home or other health care facilities. Relevant fee plus (once per day)	09.00	+	10.000	62.00 (54.40)	10.000	33.90 (29.80)
503	Domicillary treatments: Relevant fee plus	09.00	+	20.000	123.90 (108.70)	20.000	67.80 (59.50)
2 PROCEDURES OF INITIAL EVALUATION TO DETERMINE THE TREATMENT.							
201	Observation and screening.	04.00		7.500	46.50 (40.80)	10.000	33.90 (29.80)
203	Specific evaluation for a single aspect of dysfunction (Specify which aspect).	04.00		7.500	46.50 (40.80)	10.000	33.90 (29.80)
205	Specific evaluation of dysfunction involving one part of the body for a specific functional problem (Specify part and aspects evaluated)	04.00		22.500	139.40 (122.30)	30.000	101.80 (89.30)
207	Specific evaluation for dysfunction involving the whole body (Specify condition and which aspects evaluated).	04.00		45.000	278.80 (244.60)	60.000	203.50 (178.50)
209	Specific in depth evaluation of certain functions affecting the total person (Specify the aspects assessed).	04.00		75.000	464.70 (407.60)	100.000	339.20 (297.50)

Code	Description	Ver	Add	Occupational Therapy		Arts Therapy	
				RVU	Fee	RVU	Fee
211	Comprehensive in depth evaluation of the total person (Specify aspects assessed)	04.00		105.000	650.60 (570.70)	140.000	474.90 (416.60)
Measurement for designing.							
213	Measurement for designing a static or dynamic orthosis	09.00		7.500	46.50 (40.80)		
217	A pressure garment for one limb.	04.00		7.500	46.50 (40.80)		
219	A pressure garment for one hand.	04.00		7.500	46.50 (40.80)		
221	A pressure garment for the trunk.	04.00		7.500	46.50 (40.80)		
223	A pressure garment for the face (chin strap only).	04.00		7.500	46.50 (40.80)		
225	A pressure garment for the face (full face mask).	04.00		7.500	46.50 (40.80)		
	The whole body or part thereof will be the sum total of the parts	04.00					
227	Specific built-in musical aids	05.03				10.000	33.90 (29.80)
3	PROCEDURES OF THERAPY.						
301	Group treatment in a task-centered activity, per patient (Treatment time 60 minutes or more).	04.00		10.000	62.00 (54.40)	8.840	48.20 (42.30)
303	Placement of a patient in an appropriate treatment situation requiring structuring the environment, adapting equipment and positioning the patient. This does not require individual attention for the whole treatment session, per patient)	04.00		15.000	92.90 (81.50)	10.000	33.90 (29.80)
305	Groups directed to achieve common aims, per patient) (Treatment time 60 minutes or more).	04.00		20.000	123.90 (108.70)	16.500	90.00 (79.00)
307	Simultaneous treatment with two to four patients, each with specific problems, utilising individual activities, per patient (Treatment time 60 minutes or more)	04.00		20.000	123.90 (108.70)	20.000	67.80 (59.50)
308	Simultaneous treatment with two to four neuro-behavioural and stress related conditions or severe head injury patients, each with specific problems, utilising individual activities, per patient (Treatment time 90 minutes or more)	04.00		30.000	185.90 (163.10)	30.000	101.80 (89.30)
	Individual and undivided attention during treatment sessions utilising specific activity and/or techniques in an integrated treatment session	04.00					
309	On level one (15 minutes).	04.00		10.000	62.00 (54.40)	10.000	54.60 (47.90)
311	On level two (30 minutes).	04.00		20.000	123.90 (108.70)	20.000	109.10 (95.70)
313	On level three (45 minutes).	04.00		30.000	185.90 (163.10)	30.000	163.70 (143.60)
315	On level four (60 minutes).	04.00		40.000	247.80 (217.40)	40.000	218.20 (191.40)
317	On level five (90 minutes).	04.00		50.000	309.80 (271.80)	50.000	272.80 (239.30)
319	On level six (120 minutes).	04.00		60.000	371.80 (326.10)	60.000	327.40 (287.20)
4	PROCEDURES REQUIRED TO PROMOTE TREATMENT.						
401	Recommendations as regards to assistive devices, environmental adaptations, alternative/compensatory methods, handling the patient	04.00		15.000	92.90 (81.50)	10.000	54.60 (47.90)
	Designing and constructing a custom-made adaptation, assistive device, splint or simple pressure garment for treatment in a task-centered activity (specify the adaptation, assistive device, splint or simple pressure garment)	04.00					
403	On level one.	04.00		10.000	62.00 (54.40)	10.000	54.60 (47.90)
405	On level two.	04.00		20.000	123.90 (108.70)	20.000	109.10 (95.70)
407	On level three.	04.00		30.000	185.90 (163.10)	30.000	163.70 (143.60)
409	On level four.	04.00		40.000	247.80 (217.40)	40.000	218.20 (191.40)
411	On level five.	04.00		50.000	309.80 (271.80)	50.000	272.80 (239.30)
413	On level six.	04.00		60.000	371.80 (326.10)	60.000	327.40 (287.20)
415	Designing and constructing a static orthosis.	04.00		60.000	371.80 (326.10)		
417	Designing and constructing a dynamic orthosis.	04.00		120.000	743.50 (652.20)		
	Designing and constructing pressure garment for:	04.00					

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				RVU	Fee	RVU	Fee
419	Limb.	04.00		60.000	371.80 (326.10)		
421	Face (chin strap only).	04.00		45.000	278.80 (244.60)		
423	Face (full face mask).	04.00		60.000	371.80 (326.10)		
425	Trunk.	04.00		90.000	557.60 (489.20)		
427	Hand.	04.00		90.000	557.60 (489.20)		
	The whole body or part thereof will be the sum total of the parts for the first garment and 75% of the fee for any additional garments made on the same pattern	04.00					
431	Planning and preparing in depth home programme on a monthly basis.	04.00		90.000	557.60 (489.20)	120.000	407.00 (357.10)
434	Hiring equipment: 1% of the current replacement value of the equipment per day. Total charge not to exceed 50% of replacement value. Description of equipment to be supplied.	05.03					
	Payment of this item is at the discretion of medical scheme concerned, and should be considered in instances where cost savings can be achieved. By prior arrangement with the medical scheme.	05.03					
List of splints and pressure garments exempted from NAPPI codes							
Annexure A							
	Numbers and names of splints to be used with modifier 0009						04.00
701	Static finger extension/flexion splint	04.11		-	-		
702	Dynamic finger extension/flexion	04.11		-	-		
703	Buddy strap	04.00		-	-		
704	DIP/PIP flexion strap	04.00		-	-		
705	MP, PIP, DIP flexion strap	04.00		-	-		
706	Hand based static finger extension/flexion	04.00		-	-		
707	Hand based static thumb extension/flexion/opposition/ abduction	04.00		-	-		
708	Hand based dynamic finger flexion/extension	04.00		-	-		
709	Hand based dynamic thumb flexion/extension/opposition/abduction	04.00		-	-		
710	Static wrist extension/flexion	04.00		-	-		
711	Dynamic wrist extension/flexion	04.00		-	-		
712	Flexion glove	04.00		-	-		
713	Forearm based dynamic finger flexion/extension	04.00		-	-		
714	Forearm based dorsal protection	04.00		-	-		
715	Forearm based volar resting	04.00		-	-		
716	Static elbow extension/flexion	04.00		-	-		
717	Dynamic elbow flexion/extension splint	04.00		-	-		
718	Shoulder abduction splint	04.00		-	-		
719	Static rigid neck splint	04.00		-	-		
720	Static soft neck splint/brace	04.00		-	-		
721	Static knee extension	04.00		-	-		
722	Static foot dorsiflexion	04.00		-	-		
Annexure B							
	Numbers and names of pressure garments to be used with modifier 0009						04.00
801	Glove to wrist	04.00		-	-		
802	Glove to elbow	04.00		-	-		
803	Gauntlet (Glove with palm and thumb only)	04.00		-	-		
804	Sleeve: Upper/forearm	04.00		-	-		
805	Sleeve: full	04.00		-	-		
806	Vest + sleeves	04.00		-	-		
807	Sleeveless vest	04.00		-	-		
808	Upper leg	04.00		-	-		
809	Lower leg	04.00		-	-		
810	Full leg	04.00		-	-		
811	Pants (trunk and full legs)	04.00		-	-		
812	Briefs	04.00		-	-		
813	Anklet	04.00		-	-		
814	Knee length stocking	04.00		-	-		
815	Chin strap	04.00		-	-		
816	Full face mask	04.00		-	-		
817	Neck only	04.00		-	-		
818	Finger sock	04.00		-	-		

Code	Description	Ver	Add	Occupational Therapy		Arts Therapy	
				RVU	Fee	RVU	Fee
Annexure C							
	List of materials used in treatment under modifier 0010						04.00
901	Therapeutic putty	04.00		-	-		
902	Wood, leather, sisal	04.00		-	-		
903	Sponge	04.00		-	-		
904	Elastonet	04.00		-	-		
905	Silicon gel sheeting	04.00		-	-		
Annexure D							
	Assistive devices made by the therapist her/himself to be used with modifier 0008						04.00
1001	Hip abduction cushion	04.00		-	-		
1002	Sponge on a stick	04.00		-	-		
1003	Hand grips (for utensils)	04.00		-	-		
1004	Bath bench	04.00		-	-		
1005	Bath seat	04.00		-	-		
1006	Transfer board	04.00		-	-		
1007	Plate surround	04.00		-	-		
1008	Wheelchair strap	04.00		-	-		