

The Treatment Plan

We explain your health problem and we discuss **a treatment plan** with you – this is what we think is the best way to treat your problem.

You have **the right to ask questions** and to **accept or refuse** the treatment.

We may need to treat the problem immediately, or to **refer** (send) you to another health care worker or community hospital.

We may ask you to come back to the clinic on another day, when the health care worker who knows how to treat your problem will be there.





Checklist

Do you get good health care?

- Does your health care worker wear a **name tag**?
- Is he or she **pleasant and respectful**?
- Is your **case history** taken in a private place?
- Is your **examination** done in a private place?
- Is your health problem and **treatment plan** explained to you?
- Do you feel free to **ask questions**?
- Do you get **answers** that are helpful?

Each one teach one

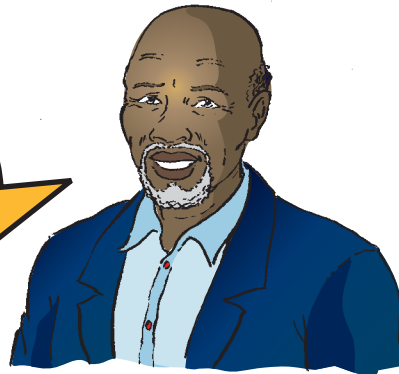


Remember not everyone can read. If you can, please help explain this book and share the information with as many people as possible.



What the clinic needs from you

Clinics must do a lot for me. Is there anything I can do to help the clinic?



In order for us to help you, there are some things **you** need to do:

- Take good care of yourself and your family.
- Try to make sure that the area where you live is clean and safe for you and your family.
- Help us to take good care of the clinic.
- Respect the health care workers – remember they are people just like you.
- Be patient. If the clinic is very busy, you might have to wait a while before seeing the health worker. We will try to see you as quickly as possible.
- Use the health care services properly – this means start at the clinic, keep your appointments, keep your patient card.
- Give the health care workers the information they need. Be honest. We will not give the information to anyone else without your permission.
- Follow the health workers' instructions for medicine and treatment. Don't give your medicine to anyone else – it might make them ill.
- Look after your health records if they are given to you.